

# 12/10/2024 Fast Break Business Meeting

**A. Meeting called to order 6:00 PM. Preamble read.**

**B. Call for reports by Overall Chair**

1. **Secretary’s Report** - Read minutes from November’s In Person and Online Business meetings .
  
2. **Treasurer’s Report** - Treasurer was not present. Treasurer had presented the following report which was shared by the overall chair. A motion was made to approve the 4th quarter contributions (\$3,271.93). 13 voted for, 0 against, the motion passes.

<b>Beginning Bank Balance (11.01.2024)</b>		<b>8,663.34</b>	
<b>Collections</b>			
Pink Can (November 2024)		124.00	
Seventh Tradition & Literature Collection		5,124.25	
<b>Total Collection</b>		<b>5,248.25</b>	
<b>Expenses</b>			
Zoom Monthly Fee		-67.57	
Phone		-12.09	
Literature Replenishment		0.00	
In Person Meeting Supplies		0.00	
Hargrave Rent (December 2024)		-3,410.00	\$110/day (\$85/day Jul & Aug)
5-yr Domain Renewal and 3-month hosting package extension		0.00	
Coins		0.00	
Recovery Source (Liability Insurance)		0.00	Annual Payment due in March
Q4 2024 AA Services Contribution		0.00	
<b>Total Expenses</b>		<b>-3,489.66</b>	
<b>Ending Bank Balance (11.30.2024)</b>		<b>10,421.93</b>	
Prudent Reserve		7,150.00	
<b>Funds Available for Distribution</b>		<b>3,271.93</b>	
<b>Q4 2024 Projected Contributions</b>			
Intergroup	48%	1,393.41	
GSO	33%	957.97	
SENY	11%	319.32	
General Svce Meeting (MGS)	8%	232.23	
Pink Can (QTD)		369.00	245+124
<b>Total Contribution</b>		<b>3,271.93</b>	

3. **GSR** - GSR was not present so Stef K (the DCM for the district) gave the report. Fast Break’s GSR reps have stepped down. The panel rotation is

winding down and ends this year. Our district had been supporting public information for SENY, we do not know what our commitment will be for the next term. New volunteers have been elected into the SENY and Manhattan county positions. There will be no GSR meeting for December with the holidays. The very lively meeting, Big Book Magic, has moved into our district with two enthusiastic GSRs excited to be of service.

4. **Intergroup** - Rep not present. No report given.
5. **Institutions** - Both of the Institutions Reps will be stepping down. Archie reports that the Mts Sinai meetings are going very well with good attendance and speakers showing up for their service. We have been unable to find someone to cover service at the Bowery Recovery Center. John S has been covering in the meantime but it won't be possible for him to do so going forward.
6. **Literature** - Literature rep is stepping down. She needs \$137.73 in reimbursement for literature and will submit that to treasurer. We still need 7 Living Sobers and some pamphlets for the meeting which she will get.

## **D. New Business**

We signed our lease with the preferential rate for summer.

GSR, Intergroup, Literature, and Institutions positions are open, call for volunteers.

### **GSR**

Archie holds the GSR position for another district, the position connects the group to the overall structure of AA. It's a very important position, GSR suggests 2-3 years sober for persons taking the position. You attend district meetings. You get a sense of AA news (regarding literature and the overall structures). You represent your group and get to vote on AA issues. It's a 2 year commitment and you are asked not to have other commitments during that time.

No volunteers for the GSR position. Stef K nominates Pierre for the position but he declines.

The question of "How can we inspire people to take these positions?" is asked. Tabled and will announce the position that needs to be filled, Stef K will cover in the interim.

No volunteers for Intergroup or Literature reps. The issue is tabled for now and the open positions will be announced at meetings.

Institution Chair for the Bowery Commitment, call for volunteers to fulfill this position. John S (who most recently covered it) says that it's an incredibly moving commitment. It is Monday nights, and you are responsible for finding a speaker, attending the meeting yourself is optional. It's a men's meeting (so the chair person needs to be a man) and John is happy to facilitate the first couple of weeks of the meeting. No volunteers.

Stef K says that since we are having a hard time finding volunteers for these positions maybe it would be helpful to have a short write up about the joys of service? Kent is happy to make the announcement and will try to arrange the announcement at the 7:00 AM in person meeting.

As it stands we need volunteers for the following commitments: GSR (2), Intergroup (2), Bowery Commitment (1), Mt. Sinai (1) (which is at Mt. Sinai on the 2nd, 4th, and 5th Sundays at 4 pm), Literature

Kent suggested we also brainstorm people who don't have a commitment and who may be willing to do service at this level.

Kent is happy to be GSR as long as there is an alternate (he will ask around) A request is made that we announce this at all Fast Break meetings. Request made to email all chair people so they can make sure this is done.

Don brings up the at the in person meeting used to do social events (a holiday party and a Summer picnic). He proposes that the holiday party be after the 8:00 AM Saturday meeting. We could consider having it at Hargrave House but there is the issue of whether they'd be comfortable with food in the space. It was a very welcoming event open to friends and family of the Fast Break members. Don would be willing to chair if he has had support from other FB members. Saturday, December 21st is the date proposed.

Would there be a budget? Don would speak to Steve F and see what has been done previously. There's the cost of the space, but the rest is generally potluck. Overall Chair can approach the Hargrave House about their willingness. There are other churches on the block if Hargrave House is not amenable.

Move to make Don the chair of the Holiday Party committee, passes.

The group needs to consider a budget for the event to be voted on now given the timeline. A budget of \$300 is proposed and approved of. Stef K asks that we please make sure that chairs (especially online) get any info so that can be shared group wide.

## **C. Old Business**

1. The Fifth Tradition working group would like to have an Online Fast Break Big Book meeting. This has been presented and announced over the last month. The meeting would take place in the meeting's Zoom room on Wednesdays from 7:00-8:00 PM with a 7:30 break secretary's break. There would be no cost to the group. Motion made, motion passes with a 11 person vote in favor.
2. There has been a request to add additional approved readings to the Sunday beginner's meeting (online and in person). John sent the overall chair a set of ten more readings. The new set of readings are from Living Sober, As Bill Sees It, and other AA texts. They reinforce the the idea that AA is a good way to get over your drinking and that the fellowship is a helpful tool. Motion to add new readings passes with 12 votes of approval.

#### **D. New Business (continued)**

Yoni voiced his concerns that the 8:15 (in person) meeting sometimes leaves people wanting to share. He asks if we can we discontinue the reading of How it Works from the meeting.

Another newcomer says that she's had the experience of not being able to share and likes the idea of losing How it Works to enable more sharing. If this is made into a motion it would have to be announced for the next month before it could be brought to a vote. Orin said that if there's something he's not considering he's happy to stand down on the issue. Archie thinks that the reading of How it Works is a nice thing to have in the meeting. Kent says that this comes up from time to time and there's never been a consensus of whether to keep it, for his own part he finds it valuable. He says that it may be just as valuable for people to hear it than it is for people to share, and he thinks it's important. Kenneth says that he goes to the 7 am, as well as a lot of other meetings. He was surprised that the 7 AM doesn't read it. It never gets old for him and it's important to hear those words. Stef K asks if there are any thoughts on tiered sharing for some or all the meetings? Or going to show of hands rather than a round robin for the in person meeting? Or reducing the amount of time allotted to each share?

Because this is a script change it would have to be tabled for now and announced for the next 30 days.

Pierre asks why How it Works is only read at the 8:15 Fast Break meetings and not the others. Kent says that it never has been read at the others, that it just isn't part of the Fast Break tradition. As it stands there are several proposed changes: the elimination of reading How it Works or changing how people are called on/share during the 8:15 meeting. No motion has been made. Someone says that it would be great if this was announced in person so that the group can decide. Chair asks if there is a motion to extend the meeting or to table the

motion. Stef K proposes that could we make a working committee to determine a way to make more time for shares.

Motion to table the motion/issue being discussed

Motion passes.

**E. Meeting called to close. Recitation of the Serenity Prayer**