

## 02/13/2024 Fast Break Quarterly Joint Business Meeting

- A. Chairperson called meeting to order at 6PM. Preamble read.
- B. Secretary Reports  
 Chairperson called for Secretary Reports from Physical and Virtual Meetings.  
 Minutes from 01/12/2024 physical and 01/19/2024 business meetings were read.  
 Minutes were seconded and accepted.
- C. GSR Report  
 Fast Break still need a GSR for Group  
 Update provided by DCM District Committee Member of the 40 AA groups on the UWS  
 Our group is focused on the Public Information section – we go into Public Schools to carry the message.  
 March 15-17 SENY Convention, Terrytown, NY.  
 Delegate’s questionnaire will be sent out next month. <https://www.aaseny.org/questionnaire>
- D. Intergroup Report  
 Fast Break still needs an Intergroup representative  
 Update was provided by an Intergroup Committee member. Some positions at NY Intergroup are open: Chairperson, Treasurer and Group Relations. They need to be filled by July 1st.  
 Nominations need to be submitted shortly.
- E. Treasurer’s Report

<b>Beginning Bank Balance (01.01.2024)</b>		<b>9,018.45</b>	
<b>Collections</b>			
Pink Can (January 2024)		346.25	
Seventh Tradition & Literature Collection		4,390.00	
<b>Total Collection</b>		<b>4,736.25</b>	
<b>Expenses</b>			
Zoom Monthly Fee		-67.57	
Phone		-12.09	
Literature Replenishment		0.00	
In Person Meeting Supplies		0.00	
Hargrave Rent (February 2024)		-3,190.00	Rent is currently \$110/day
5-yr Domain Renewal and 3-month hosting package extension		0.00	
Coins		0.00	
Recovery Source (Liability Insurance)		0.00	Annual Payment due in March
Q4 2023 AA Services Contribution		-694.12	\$1174.33 to IG not yet deposited
<b>Total Expenses</b>		<b>-3,963.78</b>	
<b>Ending Bank Balance (01.31.2024)</b>		<b>9,790.92</b>	
Prudent Reserve		7,150.00	
Funds sent to Intergroup Q4 2023		-1,174.33	
<b>Funds Available for Distribution</b>		<b>1,466.59</b>	
<b>Q1 2024 Projected Contributions</b>			
Intergroup	48%	537.76	
GSO	33%	369.71	
SENY	11%	123.24	
General Svce Meeting (MGS)	8%	89.63	
Pink Can (QTD)		346.25	
<b>Total Contribution</b>		<b>1,466.59</b>	

## F. Chair Report

Check your SPAM if you are not getting Fast Break emails

Breakdown of Treasury is 60% physical 40%virtual – more analysis in process

Chair will send out a guideline for Venmo memo field. We are trying to track collections. Please adhere to new guidelines.

## OLD BUSINESS

### General Service Representative Election

<https://www.aa.org/gsr-general-service-representative>

<https://www.aaseny.org/>

From NY Inter-Group – Officer suggested duties

General Services Representative (G.S.R.)

The group General Service Representative (G.S.R.) is the group's direct link with A.A.'s General Service Conference, through which U.S. and Canadian groups share their experience and express A.A.'s collective conscience. The G.S.R. position is through district and area committees. The Area Committee for Greater New York Area groups is:

South Eastern New York Area Committee (SENY or Area 49). Contact Information: SENY/199 Lincoln Avenue, Suite 302-318, Bronx, NY, 10454 / Telephone: (718) 665-1253 / Email: [info@aaseny.org](mailto:info@aaseny.org) / [www.aaseny.org](http://www.aaseny.org). Mailing address: P.O. Box 571, New York, NY 10116-0571

Please contact SENY for your groups District Meetings. Experience suggests that a history of group service helps in fulfilling G.S.R. responsibilities. An Alternate G.S.R. can share the function when necessary at the group, district and area levels. The following are suggested duties of the G.S.R. and Alternate G.S.R.:

Represent the group at district and area general service assemblies.

Keep the group members informed about A.A. General Service activities in the local area.

Assist groups with solving problems or answering questions related to A.A.'s Traditions.

Receive and share with groups all mail received from A.A. Service Structure entities including:

“Box 4-5-9” the General Service Office Newsletter for communicating with the fellowship;

“The Link”, the newsletter of SENY.

Volunteers: Elisabeth GSR / Shawn Alternate GSR

### Accepted by acclamation

### New York Inter-Group Delegate Election

<https://www.nyintergroup.org/group-resources/officer-suggested-duties/>

From NY Inter-Group – Officer suggested duties

Inter-Group Delegates represent their A.A. Groups at quarterly meetings of Delegates from groups in the New York City Area. Delegate meetings are held on Saturday's at 10:00am in March, June, September, and December. During the meetings, members of the Steering Committee of the Inter-Group Association of A.A. of New York report to the Delegates on the operations of the Inter-Group office. The fourteen (14) members of the Steering Committee are responsible to Delegates for the Twelfth-Step service of the Inter-Group Association.

The following are suggested duties of Inter-Group Delegates:

Attend quarterly Delegate Meetings in March, June, September, and December. Call the New York Inter-Group office for details and or to confirm the dates, etc.

Attend Inter-Group Area Forums as announced.

Report the results of Delegates' quarterly meetings and periodic area Forums to the group.

Communicate information received from Inter-Group to the Group.

Vote for the Group on issues presented to Delegates by New York Inter-Group's Steering Committee.

Communicate to the Steering Committee the Groups' Conscience affecting the Twelfth-Step service of New York Inter-Group.

Act as liaison between Inter-Group and the Group selling tickets to the annual dinner-dance celebrating the sobriety Anniversary of A.A. co-founder, Bill W. Proceeds from the event benefit Inter-Group.

Follow up Twelfth-Step referrals to the Group's meetings. Delegates receive notification by mail from Inter-Group of telephone contacts from still-suffering alcoholics requesting Twelfth-Step assistance. It is suggested that Delegates determine that the Group member identified as the Group's Twelfth-Step contact has welcomed the newcomer to Group fellowship.

Schedule periodic Inter-Group Information Meetings for the Group. Information meetings can be booked at quarterly Exchange Meetings or by calling the Inter-Group staff.

Determine that Group meeting information is accurately reported in New York Inter-Group's Meeting List Book.

Inform group members of opportunities for Twelfth-Step service with New York Inter-Group.

Note: It is suggested that Groups elect Alternate Inter-Group Delegates to substitute for Delegates when necessary.

Volunteers: Pat NY Inter-Group Delegate / Bob Alternate NY Inter-Group Delegate

### **Accepted by acclamation**

Literature Chair for Physical Meeting

Rebecca volunteered

Accepted by acclamation

## **5th Tradition Working Group Update**

Met 5 times since December 2023

38 members participated (Physical/Virtual)

Gathered suggestions – about 40 suggestions

Collaborative process to review suggestions. Came up with about these recommendations:

1. To serve beginners, turn Sunday into an Open Beginners meeting
2. Create a phone list for newcomers and a list of potential sponsors
3. Do a better job announcing Fast Break service opportunities (Mount Sinai Hospital & Bowery Recovery Center)
4. Sponsor a Fast Break Table at the Open Streets Festival in September and October.
5. Increase Fast Break's activity level in NY Inter-Group Group cooperation with the professional community (CPC) committee.

- Discussion on how the group would implement Beginner's meeting on Sunday morning.
- Comments on open/closed meeting for the Beginner's meeting.
- Concerns about anonymity with Fast Break Open Streets idea
- Discussion for a special meeting to discuss these recommendations
- Discussion on changing the script if Sunday's meeting would become a Beginner's meeting
- Making timekeeper a group position
- 30 days to let these ideas get socialized by the group
- Discussion on who should vote on these recommendations – virtual or physical?

**Motion Proposed:** Table this discussion for now and take it back to our respective physical and virtual business meetings next month for discussion/conversation.

Motion seconded –

All for the motion: 16  
All opposed: 12  
Motion carries.

Clarification of the recently passed motion was requested by members. A member who misunderstood the motion, requested to change their vote.  
Discussion of the motion ensued. Confusion by some members asked if we could re-vote.

### **MOTION TO EXTEND THE MEETING**

Seconded  
All in favor – accepted by acclamation

Another motion was made by a member:  
Motion: Move to plan another meeting a month from now to discuss the recommendations

The original member who proposed the motion was not in favor of changing their motion. After further discussion, the original member who proposed the motion proposed to do away with their motion and vote on a new motion.

A member volunteered that the previous motion could be rescinded.

Motion to rescind motion  
seconded  
All in favor: 22  
All opposed: 2

Motion is rescinded

**NEW MOTION:** Motion to take 5<sup>th</sup> Tradition recommendations to our respective business meetings (virtual and physical) and discuss it. We come back together (physical and virtual) in 30 days as a group to discuss and potentially vote on the idea/decision.

Seconded  
All in favor: 26  
All opposed: 0  
Motion passed

### **NEW BUSINESS**

**MOTION** to Change Script to add: “if you have had any alcohol today, please refrain from sharing. We will be happy to speak to you after the meeting”

Seconded  
Discussion  
Call to motion  
All in favor: 5  
All opposed: 13  
Motion does not pass

Motion to Close  
Accepted by acclamation